



## Oregon School Activities Association

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Excerpt from 2014-15 OSAA Handbook, Executive Board Policies

### 15. Concussion Management

[\(Concussion-Return to Participation Medical Release\)](#)

*(Fall 2014)*

#### A. Member Public School's Responsibilities (Max's Law, [ORS 336.485](#) and [OAR 581-022-0421](#))

- 1) **Suspected or Diagnosed Concussion:** Any athlete who exhibits signs, symptoms or behaviors consistent with a concussion following an observed or suspected blow to the head or body, or who has been diagnosed with a concussion, shall not be permitted to return to that **athletic contest or practice**, or any other athletic contest or practice on that same day. In **public** school districts which have the services of an athletic trainer registered by the Oregon Board of Athletic Trainers, that athletic trainer may determine that an athlete has not exhibited signs, symptoms, or behaviors consistent with a concussion, and has not suffered a concussion, and return the athlete to play. **Public school** athletic trainers may also work in consultation with **an appropriate** Health Care Professional (**see below**) in determining when an athlete is able to return to play following a concussion.
- 2) **Return to Participation:** Until an athlete who has suffered a concussion is no longer experiencing signs, symptoms, or behaviors consistent with a concussion, and a medical release form signed by an appropriate Health Care Professional (Physician (MD), Physician's Assistant (PA), Doctor of Osteopathic (DO) licensed by the Oregon State Board of Medicine, nurse practitioner licensed by the Oregon State Board of Nursing, or Psychologist licensed by the Oregon Board of Psychologist Examiners) is obtained, the athlete shall not be permitted to return to athletic activity.

#### B. Member Private School's Responsibilities (Jenna's Law, [ORS 417.875](#)) [\(Concussion-Private School Informed Consent\)](#)

- 1) **Concussion – Private School Informed Consent Form:** *On an annual basis prior to participation, private schools shall require each student and at least one parent or legal guardian of the student to sign the Concussion – Private School Informed Consent form acknowledging the receipt of information regarding symptoms and warning signs of concussions. Private schools shall maintain a copy of each student's signed form on file for review at any time by OSAA staff.*
- 2) **Suspected or Diagnosed Concussion:** Any athlete who exhibits signs, symptoms or behaviors consistent with a concussion following an observed or suspected blow to the head or body, or who has been diagnosed with a concussion, shall not be permitted to return to that **athletic contest or practice**, or any other athletic contest or practice on that same day.
- 3) **Return to Participation:** Until an athlete who has **exhibited signs, symptoms or behaviors consistent with a concussion following an observed or suspected blow to the head or body or who** suffered a concussion is no longer experiencing signs, symptoms, or behaviors consistent with a concussion, and a medical release form signed by an appropriate Health Care Professional (Physician (MD), Physician's Assistant (PA), Doctor of Osteopathic (DO) licensed by the Oregon State Board of Medicine, nurse practitioner licensed by the Oregon State Board of Nursing, or Psychologist licensed by the Oregon Board of Psychologist Examiners) is obtained, the athlete shall not be permitted to return to athletic activity.

#### C. Official's Responsibilities

- 1) **Public School vs. Public School Contests:** *An official shall remove a player from a contest when that player exhibits signs, symptoms or behaviors consistent with a concussion due to an observed or suspected blow to the head or body. The official shall document and notify the head coach or his/her designee making sure that the head coach or designee understands that the player is being removed for exhibiting signs, symptoms or behaviors consistent with a concussion as opposed to behavior, a non-concussive injury or other reasons. The official is not responsible for evaluation or management of the player after he/she is removed from play. The official does not need written permission for a player to return nor does the official need to verify the credentials of the appropriate health care professional who has cleared the player to return. The responsibility of further evaluating and managing the symptomatic player falls upon the school and appropriate health care professionals.*

- 2) ***Private School vs. Private School Contests: An official shall remove a player from a contest when that player exhibits signs, symptoms or behaviors consistent with a concussion due to an observed or suspected blow to the head or body. The official shall document and notify the head coach or his/her designee making sure that the head coach or designee understands that the player is being removed for exhibiting signs, symptoms or behaviors consistent with a concussion as opposed to behavior, a non-concussive injury or other reasons. The official may not allow a player to participate in a contest during which the player exhibited signs, symptoms or behaviors consistent with a concussion following an observed or suspected blow to the head or body.***
  
- 3) ***Public School vs. Private School Contests: An official shall remove a player from a contest when that player exhibits signs, symptoms or behaviors consistent with a concussion due to an observed or suspected blow to the head or body. The official shall document and notify the head coach or his/her designee making sure that the head coach or designee understands that the player is being removed for exhibiting signs, symptoms or behaviors consistent with a concussion as opposed to behavior, a non-concussive injury or other reasons. For Public School students, the official shall follow the guidelines listed above for Public School vs. Public School contests. For Private School students, the official shall follow the guidelines listed above for Private School vs. Private School contests.***

*Listing of OSAA Full Member Private Schools (as of 8/4/14)*

C.S. Lewis Academy	New Hope Christian High School
Canyonville Christian Academy	North Clackamas Christian High School
Cascade Christian High School	Oak Hill School
Catlin Gabel School	Open Door Christian Academy
Central Catholic High School	Oregon Episcopal School
Central Christian High School	Portland Adventist Academy
City Christian Schools	Portland Christian High School
Columbia Christian High School	Portland Lutheran High School
Columbia County Christian School	Portland Waldorf School
Country Christian High School	Regis High School
Crosshill Christian School	Rogue Valley Adventist Academy
Damascus Christian High School	Salem Academy
De La Salle North Catholic	Santiam Christian High School
Delphian School	Southwest Christian High School
East Linn Christian Academy	St. John Bosco High School
Faith Bible High School	St. Mary's Academy
Horizon Christian School	St. Mary's High School
Horizon Christian High School	St. Stephens Academy
Hosanna Christian School	Triad School
Jesuit High School	Trinity Lutheran High School
La Salle Catholic College Preparatory	Umpqua Valley Christian High School
Life Christian School	Valley Catholic High School
Livingstone Adventist Academy	Veritas School
Logos Christian High School	Western Mennonite High School
Marist High School	Westside Christian High School
Milo Adventist Academy	Willamette Valley Christian High School