



OREGON ATHLETIC
OFFICIALS ASSOCIATION

One Rule - One Interpretation - One Mechanic



**OCEP PLAYOFF CERTIFICATION TRAINING
HOLDING
QUALITY CALLS AND PHILOSOPHY**



HOLDING

RULEBOOK DEFINITION (9-2-1-C)

AN OFFENSIVE PLAYER (EXCEPT THE RUNNER) SHALL NOT:

USE HIS HANDS, ARMS OR LEGS TO HOOK, LOCK, CLAMP, GRASP, ENCIRCLE OR HOLD IN AN EFFORT TO RESTRAIN AN OPPONENT



HOLDING

9-2-3-C A DEFENSIVE PLAYER SHALL NOT USE HIS HANDS OR ARMS TO HOOK, LOCK, CLAMP, GRASP, ENCIRCLE OR HOLD IN AN EFFORT TO RESTRAIN AN OPPONENT OTHER THAN THE RUNNER.

LEAVES A LOT TO INTERPRETATION AND JUDGMENT



HOLDING – SOME PHILOSOPHY

MAKE CALLS BIG!

ADVANTAGE/DISADVANTAGE

DID THE HOLD HAVE AN IMPACT ON THE
PLAY?



HOLDING – SOME PHILOSOPHY

DID THE HOLD OCCUR AT THE POINT OF ATTACK?

WHAT EFFECT DOES THE HOLD HAVE ON THE PLAY?

IF THE BALL CARRIER SWEEPS TO THE RIGHT WITH PULLING GUARDS, A HOLD BY THE LEFT TACKLE SHOULD NOT BE CALLED BECAUSE IT HAS NO EFFECT ON THE PLAY.



HOLDING – SOME PHILOSOPHY

IN ADDITION, A HOLD SHOULD NOT BE CALLED IF THE RUNNER HAS PASSED THE POINT WHERE THE HOLD OCCURRED BECAUSE THE HOLD HAS NO EFFECT ON THE PLAY.



HOLDING – SOME PHILOSOPHY

DID THE HOLD SIGNIFICANTLY RESTRICT THE MOVEMENT THAT THE DEFENDER WAS TRYING TO MAKE?

THE HOLD MUST TURN HIM; TAKE HIS FEET; AND/OR CHANGE THE DIRECTION OF HIS PATH AT THE POINT OF ATTACK.

IF THEY'RE DANCING WITH EACH OTHER THAN PROBABLY NO ADVANTAGE HAS BEEN GAINED.



HOLDING – SOME PHILOSOPHY

ADDITIONALLY, IF THE OFFENSIVE PLAYER'S HANDS GRASP THE SHIRT OF HIS OPPONENT, AND THE DEFENDER HAS NOT TURNED OR SPUN, OR HIS PATH TO THE BALL CARRIER HAS NOT CHANGED, THEN A HOLD SHOULD NOT BE CALLED.



HOLDING – SOME PHILOSOPHY

ADVANTAGE/DISADVANTAGE

THE OFFICIAL MUST JUDGE WHETHER THE DEFENDER WAS STILL ABLE TO GET UP THE FIELD TO THE QUARTERBACK, OR MOVE TO BALL CARRIER, OR WHETHER THE DEFENDER CAN STILL PARTICIPATE IN THE PLAY.

IF SO , A HOLD SHOULD NOT BE CALLED.



HOLDING – SOME PHILOSOPHY

RARELY SHOULD YOU HAVE A HOLD ON A DOUBLE TEAM BLOCK UNLESS THERE IS A TAKEDOWN OR THE DEFENDER BREAKS THE DOUBLE TEAM AND IS PULLED BACK.



HOLDING – SOME PHILOSOPHY

IN THE TRENCHES LOOK FOR TAKEDOWNS
AND MAJOR MATERIAL RESTRICTION

ON THE EDGE AND OPEN FIELD YOU NEED
LESS MATERIAL RESTRICTION



HOLDING – THINGS TO LOOK FOR

DOES THE BLOCKER CONTINUALLY MOVE HIS FEET TO STAY BETWEEN THE DEFENDER AND BALL CARRIER?

DEFENDER'S FEET? ARE THEY TAKEN AWAY?

DOES THE DEFENDER LOSE A STEP?

DOES THE DEFENDER ATTEMPT TO GET OFF OF THE BLOCK OR ARE THEY “DANCING”?



HOLDING – CATAGORIES

GRAB AND RESTRICT

HOOK AND RESTRICT

TAKEDOWNS



IN SHORT, IF THE HOLD IS AT THE POINT OF ATTACK AND SIGNIFICANTLY RESTRICTS THE DEFENDER'S ABILITY TO MOVE AND PARTICIPATE IN THE PLAY BY TAKING HIS FEET OR TURNING HIM FROM HIS INTENDED PATH TO THE BALL, THEN A HOLD SHOULD BE CALLED.

BUT MAKE IT **BIG**