

2019 NFHS 100 Question Test

- 1 At the snap, at least five A players shall be on their line of scrimmage and no more than five A players may be backs.
- 2 The penalty for illegal kicking or batting is 5 yards.
- 3 Ready-for-play signifies that the ball may be put in play by a snap or a free kick with 25 seconds or 40 seconds on the play clock.
- 4 The penalty for a player who is not properly equipped is to remove that player for at least one down.
- 5 The passer continues to be a defenseless player until the legal forward pass ends or the passer moves to participate in the play.
- 6 The signal for free kick infractions, other than encroachment of the neutral zone is Signal 18.
- 7 At the option of the offended team, the basic spot may be the succeeding spot for fouls by K during a free or scrimmage-kick down (other than kick-catch interference) prior to the end of the kick when K will not be next to put the ball in play.
- 8 The ball becomes dead and the down is ended when a prosthetic limb comes completely off the runner.
- 9 No player or nonplayer shall trip an opponent.
- 10 Effective with the 2024 season, the entire body of the number shall be a single solid color that clearly contrasts with the body color of the jersey.
- 11 The horse-collar foul is enforced as a live-ball foul.
- 12 By state association adoption, use of instant replay is allowed only for postseason contests.
- 13 During a kick, an offensive player may use his hands or arms to ward off an opponent who is attempting to block him.
- 14 It is not forward-pass interference if contact by B is obviously away from the direction of the pass.
- 15 Game officials may use supplementary equipment to aid in game administration as authorized by the state association.
- 16 An artificial arm may not be worn by any player.
- 17 Decorative markings in the end zone may be within a foot of the goal line.
- 18 When R1 gains possession of a free kick, blocking below the waist by teammates is legal.
- 19 It is recommended that the restraining line be marked by placing 12-inch-long lines, separated at 24-inch intervals.
- 20 A down ends when the live ball becomes dead.
- 21 Defensive players are restricted from contacting the ball or the snapper's hand(s) or arm(s) until the snapper has released the ball.
- 22 A tinted eye shield is illegal.
- 23 A receiver attempting to catch a pass who has not had time to clearly become a runner, is not considered a defenseless player.
- 24 Illegal participation fouls by the receiving team occurring during the kick are enforced under post-scrimmage kick fouls.
- 25 When weather conditions are construed to be hazardous to life or limb of the participants, the crew of game officials is authorized to delay or suspend the game.
- 26 The head coach of each team is not responsible for his team being on the field for the mandatory three-minute warm-up period after halftime intermission.
- 27 If there is a double foul during the last timed down of a period, the period is automatically extended.
- 28 Any receiver may signal for a fair catch while any legal kick is in flight.
- 29 The succeeding spot is where the ball was last snapped or free kicked.
- 30 A signal given by R1 in or behind the neutral zone during a scrimmage kick is an illegal fair-catch signal.
- 31 If R1 signals for a fair catch, he may not block until the kick ends.
- 32 When a penalty is accepted with less than two minutes remaining in either half, the offended team will have the option to start the game clock on the snap.
- 33 It is a field goal even if part of the ball passes through the line of the upright extended.
- 34 No player or nonplayer shall execute a blindside block outside of the free-blocking zone with forceful contact unless initiated with open hands.

- 35 If K1's field-goal attempt deflects off K2's shoulder while he is in the expanded neutral zone, no goal is scored even if the ball passes between the uprights and above the crossbar.
- 36 A backward pass is a pass thrown with its initial direction parallel with or toward the runner's end line.
- 37 If the ball is beyond the neutral zone when it leaves the passer's hand on a forward pass, it is an illegal forward pass.
- 38 If an illegal forward pass strikes the ground, the ball remains live.
- 39 A backward pass out of bounds is an illegal pass.
- 40 A disqualified player shall be removed even if the penalty for the foul is declined.
- 41 If a player refuses to comply with a game official's directive, the player will be disqualified.
- 42 An offensive player cannot commit a spearing foul.
- 43 An attempt by B to interfere with A's signals prior to the snap is a live-ball foul.
- 44 No foul causes a live ball to become dead.
- 45 A player may be withdrawn and re-entered legally during the same dead-ball interval if the period ends during the dead-ball interval.
- 46 If a pool of water forces the referee to move the ball for K1's kick, the free-kick lines may be less than 10 yards apart.
- 47 A punt may be used for the free kick on a kickoff.
- 48 After a safety, unless moved by a penalty, R/s free-kick line is K's 30-yard line.
- 49 The kickers may not advance a recovered free kick.
- 50 A kick ends as soon as R1 touches the kick.
- 51 A handed ball beyond the neutral zone is considered to be a pass.
- 52 A foul that occurs simultaneously with the snap is an exception to the all-but-one enforcement principle.
- 53 If a player is blocked out of bounds by an opponent and returns inbounds, at the first opportunity he/she may legally participate.
- 54 An inadvertent whistle does not end the down.
- 55 If end A1 voluntarily goes out of bounds and immediately returns during the down, it is illegal participation.
- 56 All fouls by A during the down are enforced from the basic spot.
- 57 Fouls that occur after an inadvertent whistle can only be dead-ball fouls.
- 58 A foul during a try is not paired with a dead-ball foul to create a double or multiple foul.
- 59 Enforcement provisions apply to all player fouls.
- 60 Helping the runner carries a 15-yard penalty.
- 61 Forward pass interference can occur behind, in or beyond the neutral zone.
- 62 While it is possible to have several running plays during a down, with each one having its own basic spot of penalty enforcement (where the related run ended), there can only be one loose-ball play during a down.
- 63 If a substitute or replaced player influences the play, it is illegal participation.
- 64 Replaced players shall begin to leave the field within three seconds.
- 65 If during a down in which time expires, K1 holds during a successful field-goal attempt, the period is automatically ended and the score is canceled.
- 66 The kicking tee may not elevate the ball more than 2 inches above the ground.
- 67 A shift which is designed to cause Team B to encroach is a false start.
- 68 Yard-line markers -- constructed of soft, pliable materials -- if placed on the ground, should be no closer than 2 yards to the sideline.
- 69 The goal-line pylons may be any color as long as they are the same color.

- 70 The ball shall have the NFHS Authenticating Mark.
- 71 If B1 intercepts A's forward pass in B's end zone, it is a safety if he is tackled there.
- 72 It is a touchback when A1 fumbles on B's 2-yard line and the ball goes into B's end zone and out-of-bounds there.
- 73 The team whose goal line is involved shall put the ball in play anywhere between the hash marks on its 20-yard line by a snap after a touchback and by a free kick after a safety.
- 74 If A1 is in his own end zone when he intentionally grounds a forward pass, it is a safety even if B declines the penalty.
- 75 A scrimmage kick recovered in or behind the neutral zone may be advanced by K or R, unless it is during a try.
- 76 Effective 2021, the jerseys of the home team shall be a dark color that clearly contrasts to white.
- 77 Any player who exhibits signs, symptoms or behaviors consistent with a concussion shall be immediately removed from the game and shall not return to play until cleared by the head coach.
- 78 A television time-out is not charged to either team.
- 79 On a free kick to start a period, the game clock will start when the ball is touched other than first touching by K.
- 80 A state association may establish guidelines to use a running game clock when a point differential is reached.
- 81 Member state associations may determine the number of game officials to be used during a game.
- 82 There is a two-minute intermission following a try, successful field goal or safety and prior to a free kick.
- 83 During a down, if time expires for a period and a signal is sounded, the game officials shall ignore the signal.
- 84 It is a touchback if A1 fumbles on B's 5-yard line and B1's muffed forces the loose ball into B's end zone and out of bounds beyond the end line.
- 85 A football jersey must completely cover the shoulder pads and all pads worn above the waist on the torso.
- 86 During a field-goal attempt, the ball becomes dead if the kick is blocked behind the neutral zone.
- 87 Possession of a live ball in the opponent's end zone is always a touchdown.
- 88 A forward-pass interference foul can occur only beyond the neutral zone.
- 89 It is not a touchdown when a loose ball is caught or recovered by a player while the ball is on or behind his opponent's goal line.
- 90 Whether the next down will be first down is determined at the time the ball becomes dead and after considering any act, except a nonplayer foul or unsportsmanlike foul, which occurred during the down.
- 91 The penalty for blocking after giving a valid or invalid fair-catch signal is _____
- 92 A block against an opponent, other than the runner, who does not see the blocker approaching is:
- 93 After a team has used its permissible charged time-outs for the half, any subsequent request shall be denied unless it is for:
- 94 The ball may contain only the following permissible items:
- 95 Pass interference restrictions on a legal forward pass begin for _____
- 96 Ks free-kick line after a safety is the _____
- 97 The penalty for a forward pass, batted, muffed or caught by an ineligible A player who is behind, in or beyond the neutral zone is _____
- 98 A defensive player shall not:
- 99 The enforcement spot for any foul by the defense is the _____ when the run ends in the end zone and would result in a safety.
- 100 No player or nonplayer shall: